

COVID-19 Guidelines (as of 1/13/22)

If you test positive for COVID-19 (isolate)	
<p>Everyone, regardless of vaccination status</p> <ul style="list-style-type: none"> - This is for mild symptoms - Severe symptoms/immunocompromised remain home 10 days 	<ul style="list-style-type: none"> • Stay home for 5 days • If symptoms are resolving after 5 days, you can leave your house • Continue to wear a mask around others for 5 additional days • <i>If you have a fever continue to stay home until fever resolves</i>
<p>Asymptomatic</p>	<ul style="list-style-type: none"> • Stay home for 5 days from positive result, test date is day 0, full day after test is day 1 • If still no symptoms after 5 days, you can leave your house on day 6 • Continue to wear a mask around others for 5 additional days • If symptoms develop at any point 5-day isolation starts over. First day of onset of symptoms is day 0
If you were exposed to someone with COVID-19 (Quarantine)	
<ul style="list-style-type: none"> • Fully Vaccinated and Boosted <u>or</u> • Completed 2 dose vaccine (Pfizer/Moderna) within last 6 months <u>or</u> • Completed one dose of J&J within last 2 months 	<ul style="list-style-type: none"> • Wear a mask around others for 10 days • Test on day 5, if possible • <i>If you develop symptoms get tested and stay home</i>
<ul style="list-style-type: none"> • Completed 2 dose vaccine (Pfizer/Moderna) <u>over</u> 6 months ago and not boosted <u>or</u> • Completed one dose of J&J <u>over</u> 2 months ago and not boosted 	<ul style="list-style-type: none"> • Stay home for 5 days. After that continue to wear a mask around others for additional 5 days • Test on day 5 if possible • <i>If you develop symptoms get tested and stay home</i>
<ul style="list-style-type: none"> • Are unvaccinated 	<ul style="list-style-type: none"> • Stay home for 5 days. After that continue to wear a mask around others for additional 5 days • Test on day 5 if possible • <i>If you develop symptoms get tested and stay home</i>

FL Department of Health Guidance

Individuals with Symptoms and No Risk Factors

- Individuals with symptoms and who are not at an increased risk for severe illness from COVID19:
 - o Consider getting tested for COVID-19 soon after symptom onset.
 - o Seek medical treatment only as necessary

Individuals with No Symptoms

- Individuals who may have been exposed to COVID-19, but have no symptoms: o COVID-19 testing is unlikely to have any clinical benefits.

CDC Guidelines:

Vacc + Boosted - No quarantine but Get tested

Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19

- Avoid Travel
- Do not go to places where you are unable to wear a mask, such as restaurants and some gyms, and avoid eating around others at home and at work until after 10 days after your last close contact with someone with COVID-19.

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>